



KEEPING YOUR LOVED ONE SAFE

This leaflet aims to identify some of the services that are available to people living with dementia, their families, friends and carers and how to access them.



**Dementia Friendly
Largs and District**

Supporting and improving the experiences of people living with dementia, their families, friends and carers to live fulfilled, safe, healthy and active lives.

MESSAGE IN A BOTTLE SCHEME

HELP BOTTLES

This is a national scheme used by the emergency services.

Designed to encourage people to keep their personal and medical details on a standard form, along with any repeat prescription, in a bottle within their fridge.

The bottle initially contains a personal information form and two green cross stickers: one is attached to the outside of the fridge door and the other is attached just inside the front door above the hall light switch.

If an emergency arises, and the emergency services are called, the green cross above the light switch indicates the presence of the bottle in the fridge.

The bottles are free-of-charge and can be picked up from the following in Largs: Post Office, Largs Medical Centre, The Living Room, various chemists and opticians.



PURPLE ALERT

Alzheimer Scotland along with Police Scotland, Social Work, Dementia Friends Scotland, HSCP, Carers and telecare services designed Purple Alert App, a free app helping to trace those living with dementia who are prone to wandering.

The aim of the app is to keep people who have dementia in the community safe. An estimated six in ten people with dementia are at risk of wandering and finding themselves lost.

WHO IS THE APP FOR?

Carers of people who are living with dementia – the app means that they may be able to trace people quickly with the help of the community.

Members of the community who want to help people who are living with dementia. The Purple Alert App gives them the opportunity to do this.

For more information, visit www.alzscot.org/purplealert
Download the app on iOS Apple or Android Google Play.



COMMUNITY ALARM SYSTEM

North Ayrshire HSCP Telecare and Community Alarm offers 24/7 monitoring and support, alerting a monitoring station to get the help if you become ill or something is wrong.

Telecare includes the following:

- Community alarm
- Medication reminders/ dispenser
- Fall detectors
- Flood detectors
- Property exit sensors
- Excessive heat and cold sensors
- Smoke detectors
- Domestic abuse alarms
- Carbon monoxide detectors
- Safer walking alarms
- Canary/just checking system

The Telecare Service/Community Alarm assists people of all ages who need some extra support to live safely at home.

The alarm unit is installed by connecting it to the telephone line in the person's home.

Calling for help is easy: you simply press a button on a pendant worn around the neck, a wrist strap or clipped on. This dials the telecare monitoring station.

The highly skilled operator can speak to you through a speaker system - you don't even need to lift a handset. They will assess the situation and decide on the most appropriate action.

For more info, visit www.nhsinform.scot/scotlands-service-directory and click 'Health and wellbeing services':

CONTACT DETAILS

Three Towns, The Town Hall,
Countess Street, Saltcoats, KA21 5HW

Tel: 01294 310 005

Email: contactus@north-ayrshire.gov.uk

Note, depending on your circumstances there may be a charge for this service.



THE HERBERT PROTOCOL

The Herbert Protocol is a scheme that encourages carers, family and friends to provide an information form which can then be used in the event of a vulnerable person going missing.

This form will provide the police with everything they need to know in order to search for the person living with dementia.

The form is kept at home containing information regarding known routines and habits, as well as a description and details of others involved with their care. It's handed directly to the Police so you don't have to gather the information during what can be a stressful time.

You can download the form at

www.scotland.police.uk/your-community/edinburgh

It should be kept up-to-date and include a recent photograph.

The Police only require the form when the person is reported missing and the form will be returned when the person is found.

If you believe a person is missing and at risk of harm, call '999' at the earliest opportunity. Tell the operator you have a Herbert Protocol Form.

MEANINGFUL MUSIC FOR PEOPLE WITH DEMENTIA

Listening to music can really help improve the quality of life for a person living with dementia,

Playlist for Life provides tools, training and information to help individuals and organisations harness the power of music, encouraging people to use music to connect with friends and relatives who have dementia.

Alzheimer's Society have online resources designed to get people talking about the music that is important to them and to start building a personal playlist.

Those who don't use the internet are sent workbooks to take them through the stages of creating a playlist.

Making a playlist is easy:

1. Find the right music.
2. Put tunes in a list.
3. Choose how to listen.

For more information, visit
www.playlistforlife.org.uk

LOCAL SERVICES

North Ayrshire Health and Social Care Partnership

Email: contactus@northayrshire.gov.uk

Telephone: 01294 317700

Money Matters

Money Matters provides advice to any resident of North Ayrshire on welfare rights, assistance or representation in relation to benefits.

Email: moneymatters@northayrshire.gov.uk

Telephone: 01294 310456

Monday-Friday, 9.30am-4.30pm

A.D. Cameron Centre, Largs

The centre provides a range of facilities for people aged 60 and over who are resident in Largs and its environs.

The centre is open 10am to 4pm weekdays, providing a 'drop-in Centre' for both members and visitors. Tea, coffee and biscuits are available along with various social activities as well as lunches, holidays and outside visits.

4 Aitken Street, Largs, North Ayrshire, KA30 8AU

Email: camcentrelargs@hotmail.co.uk

Telephone: 01475 674268

Stevenson Day Centre

The centre provides day service for people aged 65 and over and has been designed in a 'dementia friendly' manner, incorporating a range of facilities to meet the needs of its users. The centre acts in the best interest of people by maximizing their independence and helping them participate fully in their family and community.

Monday-Friday, 9am-4.30pm

Please note there is a daily charge

Lade Lane, Largs, North Ayrshire, KA30 8FB

Telephone 01475 670041

www.north-ayrshire.gov.uk

The Living Room

The Living Room's aim is to support the community by being good listeners, offer support and signpost people to multiple support agencies, including bereavement and financial.

4 Aitken Street, Largs, North Ayrshire, KA30 8AU

Telephone 01475 789580

Email livingroomlargs@icloud.com

The Community Link Workers

Email communitylinkworkers@north-ayrshire.gov.uk

Telephone 01294 324 118

Social Services

Email contactus@northayrshire.gov.uk

Telephone 01294 317 700

North Ayrshire Carers Centre

Email northayrshire.carers@unityenterprise.com

Telephone 01294 311 333



24-hour free helpline:
0808 808 3000

Information on dementia: forms and types
Living with dementia
Peer support and personalized support services
Getting a diagnosis
Newly diagnosed
Living well with dementia
Getting support
Staying independent
Money and legal matters
Caring for someone with dementia
End of life care
Allied health professionals

For more information, visit www.alzscot.org



Helpline:
0800 12 44 2222

Tackling loneliness
Dementia: awareness training, information and advice
Reducing your risk of dementia
Living well with early-stage dementia
Caring for someone with early-stage dementia
Creating a dementia enabled home
Benefits for people living with dementia
What is dementia?
Dementia and the workplace; a guide for employers in Scotland

For more information, visit www.ageuk.org.uk

REFERENCES/ORGANISATIONS

Dementia Friendly Largs and District
Email: largsdementiafriendly@gmail.com

Alzheimer Scotland

Life Changes Trust

Playlist for Life

Age Scotland

North Ayrshire Health and Social Care Partnership

Community Development Team

The Living Room

Scottish Ambulance/Fire & Rescue

CONTACT NAME AND NUMBER

NOTES

Produced by



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