



# Dementia Safeguarding Scheme

Supporting you to keep safe and  
connected in your community



**Alzheimer  
Scotland**  
Action on Dementia



**POLICE  
SCOTLAND**  
Keeping people safe  
**POILEAS ALBA**



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This leaflet outlines our range of support tools, developed in partnership with Police Scotland, that can help bring a person back home safely and ensure a prompt response in case of an emergency should someone ever go missing.

## Your SafeConnect

*'Tap me on your phone to get me home'*

SafeConnect are yellow fobs which can be programmed with emergency contact details, so if a person becomes confused, distressed or disoriented they can be helped to get back home safely.

Alzheimer Scotland is distributing free fob set-up packs across Scotland for anyone living with dementia, mild cognitive impairment, memory difficulties or other dementia symptoms.



You can request a SafeConnect by completing a form on our website at [www.alzscot.org/safeconnect-request](http://www.alzscot.org/safeconnect-request)

You can also email [safeconnect@alzscot.org](mailto:safeconnect@alzscot.org) or phone **0300 373 5774** with your name and address, or for general enquiries.

Once you have set up your fob, we recommend it is attached to your house keys, handbag, jacket, walking aid or anything likely to be taken outside and into the community.

*"It's with me all the time, I find it very reassuring"*  
- Charles, who lives with dementia

## Herbert Protocol

This is a form that contains vital information about a person, such as physical description, medical conditions, and habits and routine. We recommend filling out the form now with as much information as possible, before a moment of crisis. Keep the form at home in an accessible place. The completed form can then easily be sent or handed to police in the event of someone going missing, saving critical time in a potential search.

To download and print off the form please use this QR code or visit:

[www.alzscot.org/dementia-safeguarding-scheme](http://www.alzscot.org/dementia-safeguarding-scheme)



## ADAM

ADAM is our 'one-stop-shop' dementia friendly website that can help you find the right pieces of technology to help keep you safe, independent and connected in your community. You can browse ADAM's online catalogue which includes tried and tested recommended devices - such as GPS, pendants, watches and door sensors.

You can also complete ADAM's questionnaire offering personalised recommendations tailored to your situation.

[www.meetadam.org](http://www.meetadam.org)



**24 HOUR**

**Dementia**



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# Helpline

Freephone 0808 808 3000  
Email [helpline@alzscot.org](mailto:helpline@alzscot.org)

**[www.alzscot.org](http://www.alzscot.org)**

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